Instrument of Assessment 1 Self-assessment

- **Outcome 1** Plan and arrange an enterprise activity which demonstrates the cooperative values and principles, with limited teacher support.
- **Outcome 4** Evaluate the co-operative enterprise in terms of the cooperative values and principles and review knowledge and skills gained through the enterprise activity.

Candidate's name _____

This assessment is designed to help you identify your skills and how you can contribute to the success of your co-operative enterprise activity.

When analysing your skills and abilities, think of any work experience you may have had, your relationships with your family and friends, or times when you have helped others.

You may have been part of a club, team or group. You could have helped to complete a project or teamwork exercise.

Be creative! Sell yourself! This is a chance for you to feel good about you!

As an individual, complete the following table. Ask your teacher for help with any question.

Part 1 – Personal experience	Answer	Teacher Comments
Work/education/life experience details.		
Give any details of any work experience or parttime employment you have had.		
Give any details of any teams, clubs or volunteer work you have been involved with.		
Do you help out your family or friends in any way?		

Part 1 –	Answer	Teacher Comments
Personal experience		
Have you been involved in organising an event or project?		
At school have you been involved with group or teamwork projects /enterprise activities?		
For any of the experiences above, list the activities you were successful at.		
Why do you think you enjoyed these experiences and how were you successful?		
For any of the experiences above, list the least enjoyable tasks you have undertaken.		
For any of the experiences above, list the activities you were unsuccessful at.		
Why do you think you did not enjoy these experiences?		

Part 2 –	Answer	Teacher comments
Skills and qualities		
From Part 1, list your		
skills, what are you		
good at?		
Think of work		
experience, your		
relationships with your		
friends and family, what		
you do in your spare time.		
spare une.		
What do you like about		
yourself?		
,		
Part 2 –	Answer	Teacher comments
Skills and qualities		
What qualities do you		
have that you think an		
employer would be interested in?		
From Part 1, list your		
faults and limitations,		
what are you not very		
good at?		
Think of work		
experience, your		
relationships with your		
friends and family,		
what you do in your		
spare time.		
What would you like to		
change about yourself?		
What qualities at sut		
What qualities about		
you would an employer		
not like?		

Candidate signature	Date completed	

Date discussed/checked with teacher _____

Teacher signature

File this completed document in candidate assessment folder.