

## Instrument of Assessment 1 *Self-assessment*

**Outcome 1** Devise and arrange an enterprise activity which demonstrates the co-operative values and principles.

**Outcome 4** Evaluate the co-operative enterprise in terms of the co-operative values and principles. Assess knowledge and skills gained through the enterprise activity in relation to own, personal, social and vocational development.

Candidate's name \_\_\_\_\_

This assessment is designed to help you identify your skills and how you can contribute to the success of your co-operative enterprise activity.

When analysing your skills and abilities, think of any work experience you may have had, your relationships with your family and friends, or times when you have helped others.

You may have been part of a club, team or group. You could have helped to complete a project or teamwork exercise.

Be creative! Sell yourself! This is a chance for you to feel good about you!

As an individual, complete the following table. Ask your teacher for help with any question.

Part 1 – Personal experience	Answer	Teacher Comments
<b>Work/education/life experience details.</b>  Give any details of any work experience or parttime employment you have had.		
Give any details of any teams, clubs or volunteer work you have been involved with.		
Do you help out your family or friends in any way?		

<b>Part 1 – Personal experience</b>	<b>Answer</b>	<b>Teacher Comments</b>
Have you been involved in organising an event or project?		
At school have you been involved with group or teamwork projects /enterprise activities?		
For any of the experiences above, list the activities you were successful at.		
Why do you think you enjoyed these experiences and how were you successful?		
For any of the experiences above, list the least enjoyable tasks you have undertaken.		
For any of the experiences above, list the activities you were unsuccessful at.		
Why do you think you did not enjoy these experiences?		

<b>Part 2 – Skills and qualities</b>	<b>Answer</b>	<b>Teacher comments</b>
<p>From Part 1, list your skills, what are you good at? Think of work experience, your relationships with your friends and family, what you do in your spare time.</p> <p>What do you like about yourself?</p>		
<p>What qualities do you have that you think an employer would be interested in?</p>		
<p>From Part 1, list your faults and limitations, what are you not very good at? Think of work experience, your relationships with your friends and family, what you do in your spare time.</p> <p>What would you like to change about yourself?</p> <p>What qualities about you would an employer not like?</p>		

<b>Part 3 – Personal Goals</b>	<b>Answer</b>	<b>Teacher comments</b>
In relation to your skills and qualities noted in part 2, what types of employment do you see yourself working in?		
What types of jobs are you interested in?		
Do you see yourself as a team leader or a team player?		
What have you based this decision on?		

<b>Part 3 – Personal Goals</b>	<b>Answer</b>	<b>Teacher comments</b>
<p>To help you achieve personal goals list 5 key objectives to work towards.</p> <p>These objectives should be 'SMART' (Specific, Measurable, Achievable, Realistic and Timely)</p>		
1.		
2.		
3.		
4.		
5.		

**Candidate signature** \_\_\_\_\_ **Date completed** \_\_\_\_\_

**Date discussed/checked with teacher** \_\_\_\_\_

**Teacher signature** \_\_\_\_\_

**File this completed document in candidate assessment folder.**